















US Soccer Skills Patches



- **Controlling**
 - Mastery of the following:
 - Chest Trap
 - Thigh Trap
 - Traps of a rolling ball with inside/outside of both feet including the ability to touch the ball into positive space away from pressure.
- **Dribbling**
 - Mastery of the following moves
 - Stepover
 - Cruyff
 - Maradona
 - Roll-Push
 - Inside of the foot turn
 - Outside of the foot turn
- **Juggling**
 - Completing 12 juggles using any part of body other than the arms.
- **Passing**
 - Two touch passing with a partner five yards apart
 - Move progressively farther apart, demonstrating the ability to push pass effectively with each foot.
 - Finally, using the player's preferred foot, show the ability to take a cross/corner kick by hitting the ball over the coach's head to a partner.
- **Shooting**
 - Players shoot at targets near each corner of the goal.
 - Objective is to hit all the targets with the minimum number of shots
 - Coaches will rate players based on accuracy and pace of shots and award the patch based on improvement.

Who's Earned their Patches?



Player	Dribbling	Juggling	Controlling	Shooting	Passing
Beebe					
Corry					
Coughter					
Emery					
Fleming					
Hardesty					
Kyte					
Schneider					
Steadman					
Stevens					
Windland, E					
Windland, M		